

Homemade Lip Balm



Make your own all-natural red lip balm with this easy recipe from in-house crafter Kristin St. Clair.

Ingredients

- 2 teaspoons grated beeswax
- 5 teaspoons carrier oil (such as castor, sunflower, or jojoba)
- 1 teaspoon vitamin E oil
- 1 teaspoon carmine (natural red) coloring oil
- 6 or 7 drops essential oil (such as vanilla)

Note:

To make colorless lip balm, substitute carmine coloring oil with an additional teaspoon of carrier oil.

Tools and Materials

- Double boiler
- Mixing stick or spoon
- Lip balm tubes, pots, or tins
- Pouring tray with plastic scraper (optional)
- Decorative paper
- 2-inch-wide clear packing tape



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Kristin St. Clair shows how you can make your own lip balm at home.

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Homemade Lip Balm How-To

1. Melt beeswax, carrier oil, vitamin E oil, and coloring oil together in a double boiler, stirring to combine. Add essential oil right before removing from boiler to pour.
2. Pour mixture into lip balm containers. Let cool for about an hour. If using a pouring tray, scrape away excess and smooth tops with plastic scraper.
3. To make labels, cut a scrap of decorative paper to the size of container. Place paper facedown on a piece of clear 2-inch-wide packing tape. Cut packing tape to width of paper strip, and trim so tape is about 1/2 inch longer than paper on both ends. Wrap tape with paper around tube or pot.

Resources

Lip balm ingredients available from tkbtrading.com. Lip balm tubes, pots, tins, and pouring trays available from sksbottle.com. Essential oils and vitamin E oil available from [Whole Body](http://WholeBody.com) or other drug stores.